

### Foundational Principles for Mothering

#### Is it time to reinforce the foundation?

reinforce (v.) To strengthen or make stronger, as by patching, propping, adding new material, etc.

foundation (n.) The supporting part of a wall, house, etc.; the base  
The fundamental principle on which something is founded; the basis.

#### Scripture and principles

Luke 6:46-49

These principles apply to the biological family and the spiritual family

#### God intends moms to...

##### A. Love their children

1. Unconditional love (Is. 49:14-15)
2. Security (Ps. 131:2)
3. Tenderness (Prov. 4:3)
4. Comfort (Is. 66:13)

##### B. Nurture their children (Luke 2:52)

1. Physically
2. Socially
3. Spiritually
4. Intellectually

##### C. Protect their children

1. From outside threats (The Book of Proverbs)
2. From threats within (Prov. 29:15)

D. What God intends for the mothers of your biological family,  
He intends for the mothers of this spiritual family.  
Ladies, God intends for you to love, nurture and protect your spiritual family.

#### God intends moms to...

##### A. Get plenty of affirmation

1. Honor (Ex. 20:12)
2. Obedience (Eph. 6:1)
3. Blessing (Prov. 30:11-14a)
4. Reverence (Leviticus 19:3).

##### B. Get plenty of encouragement.

1. Proclaim her positives. (Prov. 31:10-31)
2. Praise her often. (Prov. 31:10-31)

##### C. Get plenty of assistance.

1. From dad (Eph. 5:23)
2. From older women (Titus 2:3-5)
3. This kind of assistance requires the building of deep, warm, loving relationships.

D. What God intends for the mothers of your biological family,  
He intends for the mothers of this spiritual family.  
Men and kids, God intends for us to affirm, encourage and assist our spiritual moms, the ladies of our church family.

#### God does not intend moms to...

- A. ...be perfect and sinless (Romans 3:23)
- B. ...be composed at all times (Psalm 103:14)
- C. ...be the father figure. (Eph. 5:23)

#### *Message*

*When we do what God intends, our families grow stronger.*

So What? Now What?

- Reinforcing foundations is work.  
It requires intentional planning and effort.
- Pick something and do it this week.